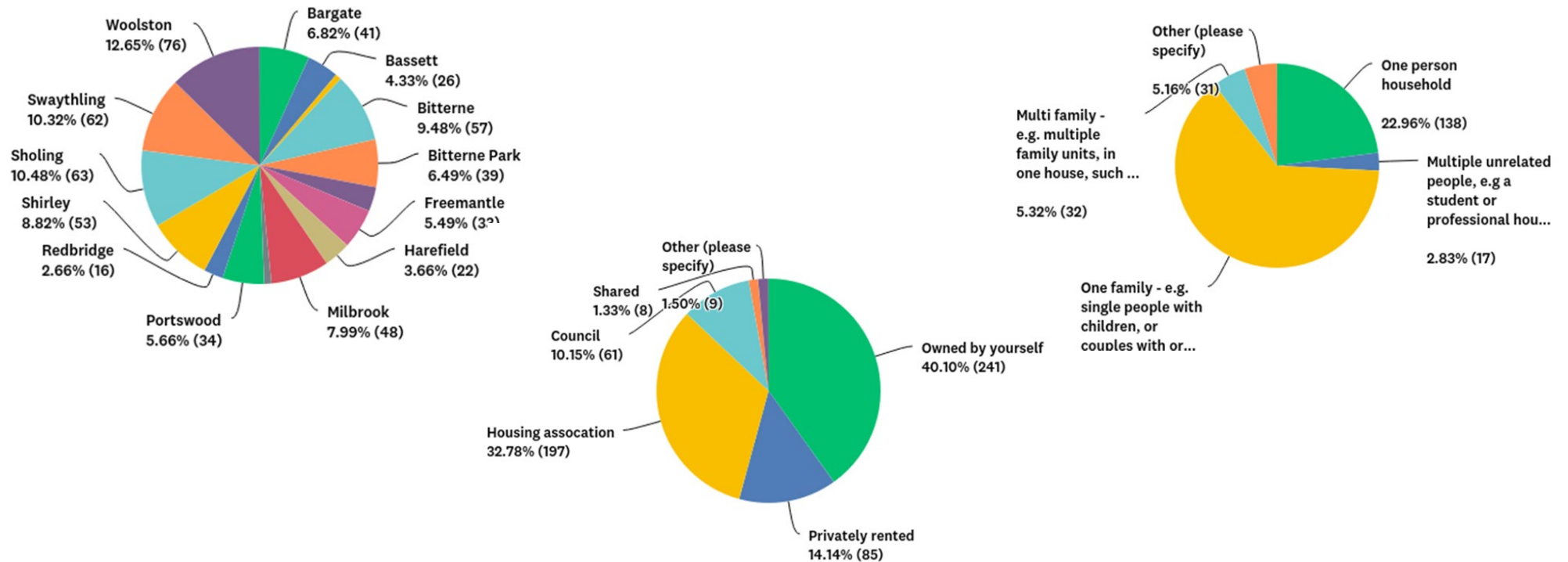


Who completed the survey?

In total, 737 took part in the survey; with varying levels of completeness per question. A full representation from every ward in Southampton was noted. 63% of respondents were 'one family' households, with 40% owner occupiers and 32% housing association as the largest household types. 54% noted no known risk to Covid-19, with 25% self-isolating due to underlying health conditions, 10% due to age, and 16% shielding.

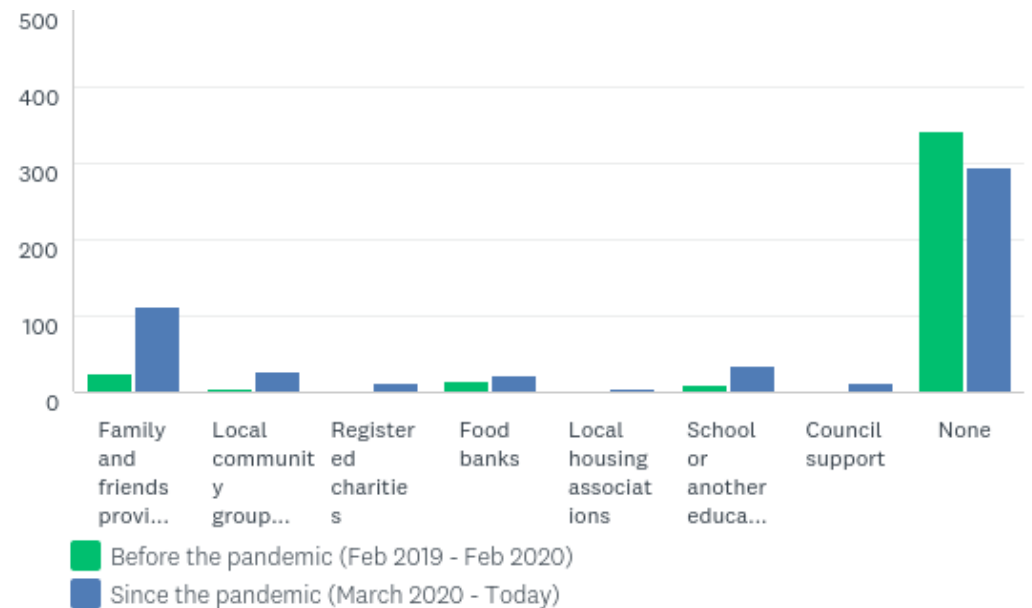


Accessing support before and since the pandemic?

Five times as many people were now accessing the support of friends and family in response to the pandemic for food

Increases also noted in accessing local community groups, food banks, and schools for support.

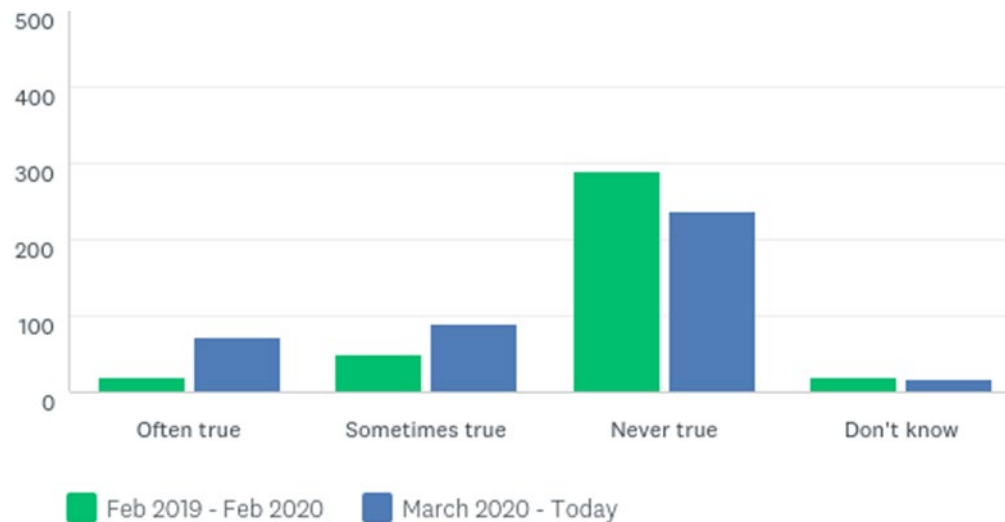
There was also reference to the ‘Boris Box’ for the shielded community



Food Insecurity Indicators

The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more, or were unable to access more.

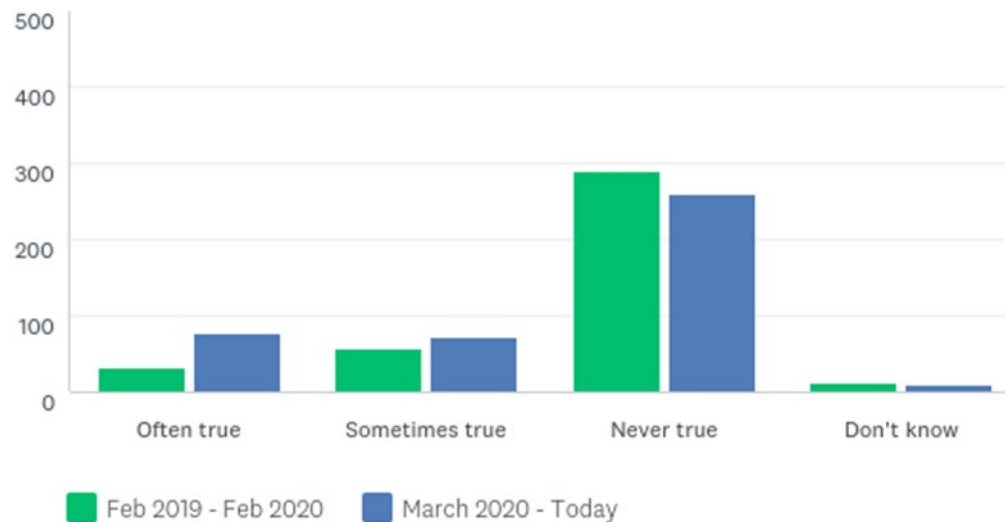
Increases in people often or sometimes experiencing food running out due to money and/or access



Food Insecurity Indicators

(I/we) couldn't afford to eat balanced meals.

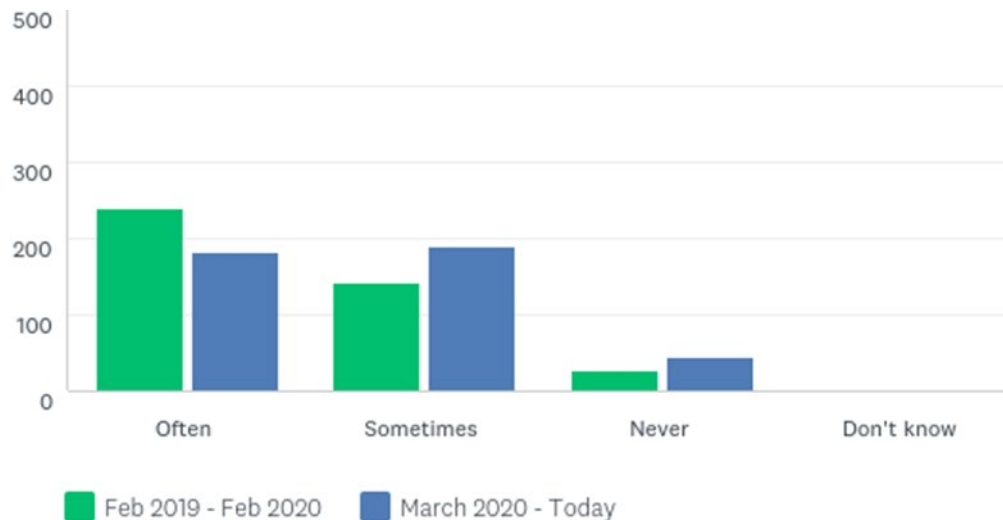
Some increases noted for those often or sometimes not being able to afford balanced meals.



Food Insecurity Indicators

For the time periods stated, how often were/are you eating the recommended five portions of fruit and vegetables a day? They can be fresh, frozen, canned, dried or juiced.

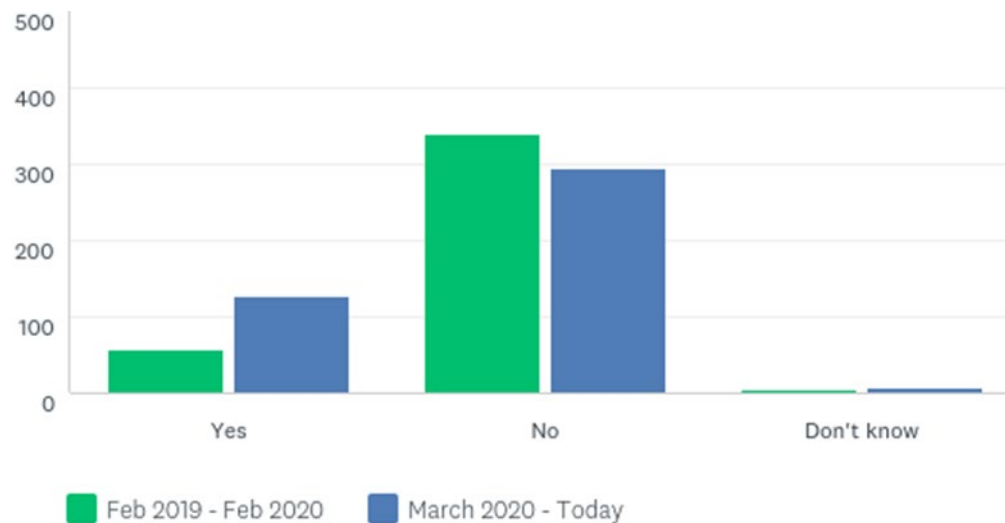
An increase in people never eating the recommendation portions of fruit and vegetables a day, together with the increase in people only sometimes being about to meet this recommendation, compared to often.



Food Insecurity Indicators

For the time periods stated, did (you/you or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food, or access to food?

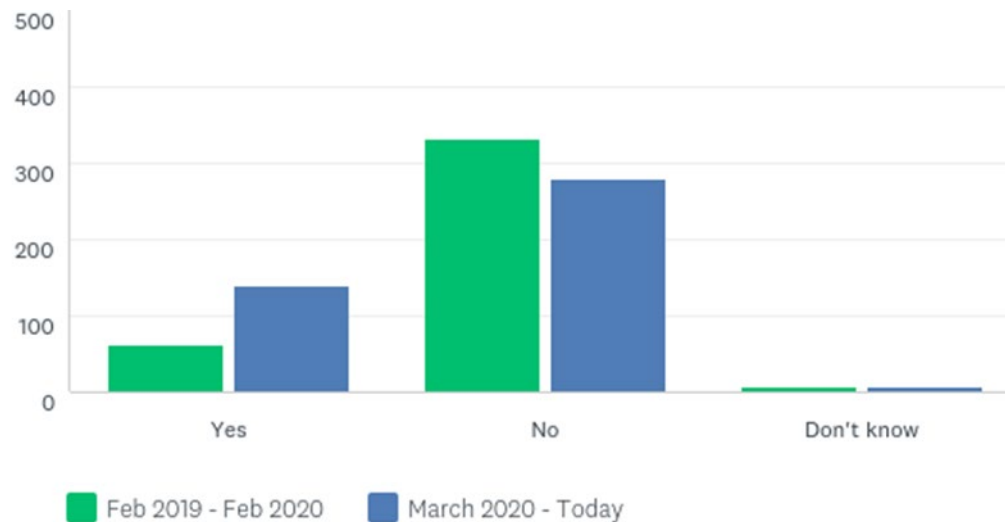
Twice as many people reporting cutting the sizes of meals or skipping meals due to affording or obtaining food since the pandemic



Food Insecurity Indicators

For the time periods stated, did you ever eat less than you felt you should because there wasn't enough money for food, or access to food?

Over twice as many people reporting eating less than they felt they should due to affording or obtaining food since the pandemic



Food Insecurity Indicators

For the time periods stated, were you ever hungry but didn't eat because there wasn't enough money for food, or access to food?

Twice as many people reporting that they went hungry due to affording or access to food since the pandemic

