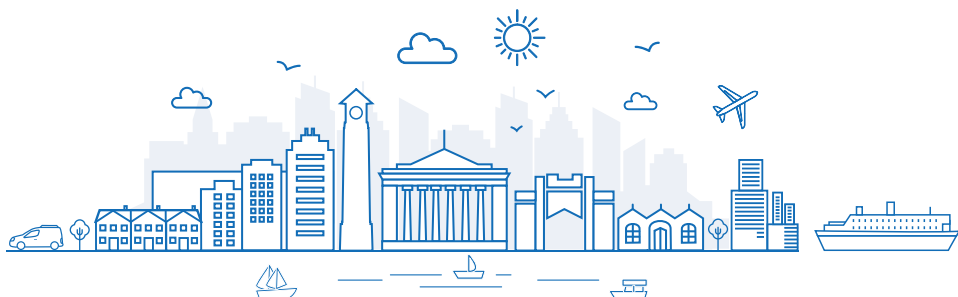


# CITY CATERING CARE

*Delivered with love and care*



Steak pie



# Home delivery service

Let us serve you or your loved ones with a hot two-course lunch. We'll take away the strain of cooking, Monday to Friday - delivering nutritious food directly to your dining table.

You can choose the days you'd like our hot-meal service, and also order tea-time snacks or frozen meals for the weekend.

Our service is open to private and Council-referred customers alike – for the days when you don't feel like cooking.

Our menu is varied to suit every taste and dietary need, and the meals we serve are made using quality ingredients. Each dish is nutritionally balanced to provide 33% of your daily dietary needs.

## FOOD FOR EVERYONE

We believe that great quality food, served with kindness and care, is a right, not a privilege: everyone deserves the best possible nourishment.

It's why we offer a wide variety of options on our menus – from traditional British roasts, casseroles and puddings, to Asian meals and vegetarian options. We of course also cater for customers with special dietary needs, including diabetics and those needing gluten-free, low-salt, low-sugar, or energy-dense meals.

We also offer a range of texture-modified meals, for customers who have swallowing difficulties. Our meals are for everyone.





## Delivered with care

Our drivers deliver hot lunchtime meals direct to your door, Monday to Friday.

But they're not just drivers - they're vital to the service we offer because they genuinely care about how you're getting on. Many of our customers look forward to seeing our drivers' friendly faces each day.

Drivers are DBS checked; they're trusted and welcomed into our customers' homes, to provide our service and check that you're OK.

Drivers can dish up your meal if you're unable to, and can also get you a drink. They're trained to raise a welfare flag with a relative or neighbour if you seem off colour, and will follow our alert procedures if there's a problem.

Above all, drivers provide welcomed daily contact - a trusted friendly face that serves your lunch and cares how you're doing.

✓ DBS  
CHECKED



Sticky toffee pudding



# Becoming a customer

Give us a call on 023 8083 3866 when you'd like to start enjoying our service, and we'll come and see you to discuss your specific needs.

We'll talk you through the menu, and book you in for meal deliveries to suit you, on the days of the week that you need us.

There's no contract, and deliveries are free.

You can stop and re-start the meal service whenever you want to. Just call 023 8083 3866 and we'll be happy to help you.

## What to expect

- Deliveries available Monday to Friday, with afternoon-tea and frozen-meal options to order as well
- Meals delivered at lunchtime, by a trusted DBS-checked uniformed driver – a friendly face who will check how you're doing, and dish up your meal if that's helpful to you
- Meals are delivered hot and ready to enjoy
- No contract or delivery charges
- Wide-ranging menu, with something to suit every taste and diet
- Meals for a range of cultures and beliefs







Chicken and ham pie



Rhubarb crumble

# What's on the menu?

Meals are packed with goodness, so you can look forward to a hot lunch that tastes great.

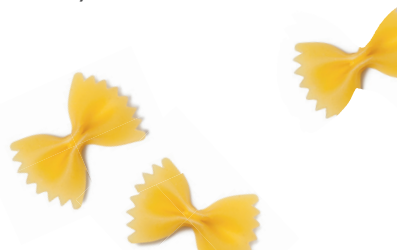
- **Traditional favourites:** enjoy familiar meals like shepherd's pie, roast beef, or fish and chips. And for pudding, classics like apple pie and rhubarb custard.
- **Asian flavours:** we offer a delicious variety of meals to cater for religious beliefs and for people who prefer Asian cuisine. Enjoy options like vegetarian saag alu or aubergine kala chana.
- **Special diets:** we cater for everyone, including those with special dietary needs – from gluten-free chicken curry and rice, to beef hotpot suitable for diabetics, or soft pork casserole.



## Ordering your meal choices

Ordering is simple. Just let your driver know what you would like, or call **023 8083 3866** and we'll be happy to place your order.

When getting to the shops and preparing a hot meal is difficult, our two-course hot meal service is a great option, helping you stay nourished and healthy at home.



# Council-referred customers

We work in partnership with Southampton City Council to provide you with nutritious meals, Monday to Friday.

You may be eligible for a reduced rates if you meet the following criteria:

- You are living alone and are unable to cook for yourself
- A doctor has recommended that a meal is provided for you
- You have a short-term need, for example, you have recently been in a hospital


To check if you are able to receive reduced-price care meals, visit the Southampton City Council's website and search for 'social care assessment'.

## PAYING FOR YOUR MEALS

You can pay for meals a number of ways, including Direct Debit, by phone using a credit or debit card, or by cheque.

The current price of a hot meal and dessert is noted on our website. The price will vary slightly, if your meals are subsidised by the Council. Feel free to call us to check on 023 8083 3866.





HOT AND  
READY TO  
ENJOY!



## Safe and trusted service

All of our drivers are DBS checked and approved. They wear the City Catering branded uniform and ID to help you feel safe when you open your front door.

If you want to check your driver's ID, please don't hesitate to call us on **023 8083 3866**.

If you can't get to the door to let us in, we can make arrangements with you for our driver to access a key safe for your deliveries – with your approval.

### Food you can trust

The meals we serve are free from artificial flavours and colours and other unnecessary additives. Ingredients are chosen to ensure the best quality and taste, and are sustainably sourced. Meals meet nutritional standards in line with the British Dietetic Association guidelines.

Sausages with mustard mash



## Questions?

Call us on **02380 833 866** to discuss the service and your requirements

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### Contact us

[www.citycateringsouthampton.co.uk/care](http://www.citycateringsouthampton.co.uk/care)  
02380 833 866

### Head office:

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