

SUMMER FRUITS SUNDAE

SERVES: 6

INGREDIENTS:







100g frozen summer fruits



60g Angel delight (or any dessert whip)



1 packet Raspberry jelly



Fresh strawberries to decorate

City Catering Southampton - your local school meals charity citycateringsouthampton.co.uk

INSTRUCTIONS:

- 1. Make jelly following the manufacturer's instructions, and leave to set overnight. Once set, mash-up.
- 2. Make Angel delight (or any brand of dessert-flavoured whip) following the manufacturer's instructions, and leave it to set in the fridge.
- 3. Defrost summer fruits, once defrosted drain the juice and set to one side.
- 4. Now layer your sundae sponge finger with a little of the summer fruits juice, summer fruits, smashed jelly, dessert whip topped with chopped strawberries. Or you can change around the layers or even use different fruits or flavours of jelly/whip.